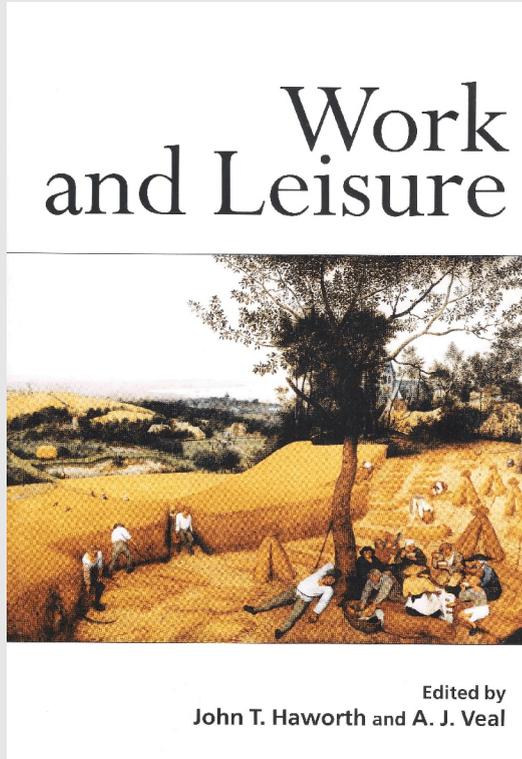


Work and Leisure

Edited by J. T. Haworth and A. J. Veal

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This book is intended as a successor or updated version of the book of the same title published in 1975 and edited by John Haworth and Michael Smith (Lepus Books), which contained the papers presented at a seminar which was the birthplace of the Leisure Studies Association. The book addresses profound transformations in the nature and organization of work and leisure which are occurring worldwide. The changing nature of global economic and social environments has led to a complex relationship among work, leisure, social structure and quality of life, which presents challenges for researchers, educators and policy-makers alike.

For some organizations, flexibility of working practices are being coupled with policies for a balanced work and non-work life. This can be in response to new attitudes, values and aspirations of key workers, but also attempts to enhance creativity, improve company loyalty, and reduce corporate health bills. However, many employees are experiencing long hours, increased workloads, changing work practices and job insecurity, all of which can lead to problematic levels of stress. At the same time, major social differentiation exists with significant sections of society unable to obtain employment, as well as significant variations in health and quality of life.

In *Work and Leisure* contributors from a wide range of disciplines examine these issues by reviewing the primary areas of concern, linking each to the core practical and theoretical issues, as well as the implications of these for both future research and policy decisions. As a result, this text provides up-to-date and well-balanced coverage of these key issues, and will prove a valuable resource to students of psychology, sociology, social policy, business and leisure studies, as well as to policy-makers in both private and public organizations.

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